



- Set Program Access and Defaults
- Windows Catalog
- Windows Update
- EarthLink TotalAccess
- Microsoft Update
- HP Solution Center
- Software Updates

- Accessories
- Games
- Startup
- Internet Explorer
- MSN
- Outlook Express
- Remote Assistance
- Windows Media Player
- Windows Messenger
- Windows Movie Maker
- Intel PROSet Wireless
- Keyspan High Speed USB Serial Adapter
- Logitech
- Nobeltec
- Utility
- Acrobat Reader 5.0
- Maxtor
- Retrospect
- Hewlett-Packard
- HP Share-to-Web
- American Greetings Screensaver Manager
- American Greetings Creatacard 7
- Internet Explorer
- EarthLink MailBox
- EarthLink TotalAccess
- Stay Organized Q&E
- Internet Explorer (2)
- MediaFACE 4.0
- Alfred Interactive
- QuickTime
- Adobe
- Solero Music Viewer
- Sunhawk
- Wal-Mart
- LAME
- EarthLink Protection Control Center
- MediaFACE 4.2

- Sonic
- MediaFACE 4.0
- MediaFACE 4.0 Calibration Wizard
- MediaFACE 4.0 Design Wizard
- MediaFACE 4.0 Help
- HP
- Nero

- Accessibility
- Entertainment
- Address Book
- Calculator
- Command Prompt
- Notepad
- Paint
- Program Compatibility Wizard
- Synchronize
- Tour Windows XP
- Windows Explorer
- WordPad
- Scanner and Camera Wizard

- System Tools
 - Backup
 - Character Map
 - Disk Cleanup
 - Disk Defragmenter
 - Files and Settings Transfer Wizard
 - Scheduled Tasks
 - Security Center
 - System Information
 - System Restore
 - Internet Explorer (No Add-ons)
- Communications
- Remote Desktop Connection
- Final Draft Tagger
- Quicken 2008
- Adobe Reader 8
- Nikon Scan 4
- SnagIt 8

Click on Start, then arrow to "All Programs", then to "Accessories" then to "System Tools", then to "Disk Cleanup". Click on "Disk Cleanup".

Games

Faster Heart Care: How One State Did It Better Health Care for Afghan Children Demo

Desktop 3 5:40 PM

Disk Cleanup



Disk Cleanup is calculating how much space you will be able to free on DSK1_VOL1 (C:). This may take a few minutes to complete.

Calculating...



Cancel

Scanning: Compress old files

This window will pop up as the computer calculates data. When it is finished the next window (Step 3) will appear.

Disk Cleanup More Options

You can use Disk Cleanup to free up to 165,722 KB of disk space on DSK1_VOL1 (C:).

Files to delete:

<input checked="" type="checkbox"/>	Downloaded Program Files	0 KB
<input checked="" type="checkbox"/>	Temporary Internet Files	155,567 K
<input checked="" type="checkbox"/>	Offline Webpages	153 KB
<input checked="" type="checkbox"/>	Microsoft Error Reporting Temporary Files	1 KB
<input checked="" type="checkbox"/>	Recycle Bin	0 KB

Total amount of disk space you gain: 165,722 K

Description

Downloaded Program Files are ActiveX controls and Java applets downloaded automatically from the Internet when you view certain pages. They are temporarily stored in the Downloaded Program Files folder on your hard disk.

View Files

OK Cancel

In the middle you see a box with a list of Files and check boxes on the left. Check all the boxes where the number of KB (Kilobytes) on the right is more than 0. Make sure you click on the "scroll" bar to see ALL the possible boxes to check. Then click "OK".

Disk Cleanup for DSK1_VOL1 (C:)



Are you sure you want to perform these actions?



Yes

No

This window will open.
Click "Yes".

Disk Cleanup



The Disk Cleanup utility is cleaning up unnecessary files on your machine.

Cleaning up drive DSK1_VOL1 (C:)



Cancel

Cleaning: Temporary Internet Files

The window will close and this window will open. When it is done it will close. You are done. Do this once a month.

Other things to remember:

- Keep your Email box emptied and remember to EMPTY YOUR “DELETED ITEMS” folder in your Email. If you need help you can either buy my E-Mail Guide or hire me for ½ hour.
- Keep your “My Documents” folder house cleaned. Delete documents you no longer need on a regular basis.
- Un-install software programs you no longer use.
- If you change accessories – like printers, scanners, monitors, etc. - make sure you un-install the old stuff off your computer. Again – hire me to teach you how if you need to.